Getting Started in Clinical UX

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Clinical UX Strategist

The Clinical User Experience Association

Hi 👋,
I'm Gyles

The Black UX Society

What is Clinical UX?

How Clinical UX differs from other forms of UX

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UX The **experiences** people have with **anything designed**

Healthcare UX

The experiences people have with **healthcare technology** and **services**

Healthcare UX

Clinical UX

The experiences **clinicians** and **patients** have with **healthcare technology** and **services**

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The Clinical UX Pillars

The main principles that define Clinical UX

The Clinical UX Pillars

1. **Humanitarian Design**
Everyone deserves to live a life with dignity, using products and services that respect their humanity

2. **People-Centred Design**
The needs, wants and limitations of all people affected by a solution are kept at the centre of the design process.

3. **Cyclical Design**
The design process is an endless series of cycles to learn, improve and solve problems

4. **Evidenced-Based Design**
Facts and scientific findings support decision making and designing, proving the value of solutions

5. **Ethical Design**
Solutions, and the means to make them, should be morally just for all who use or are impacted by them.
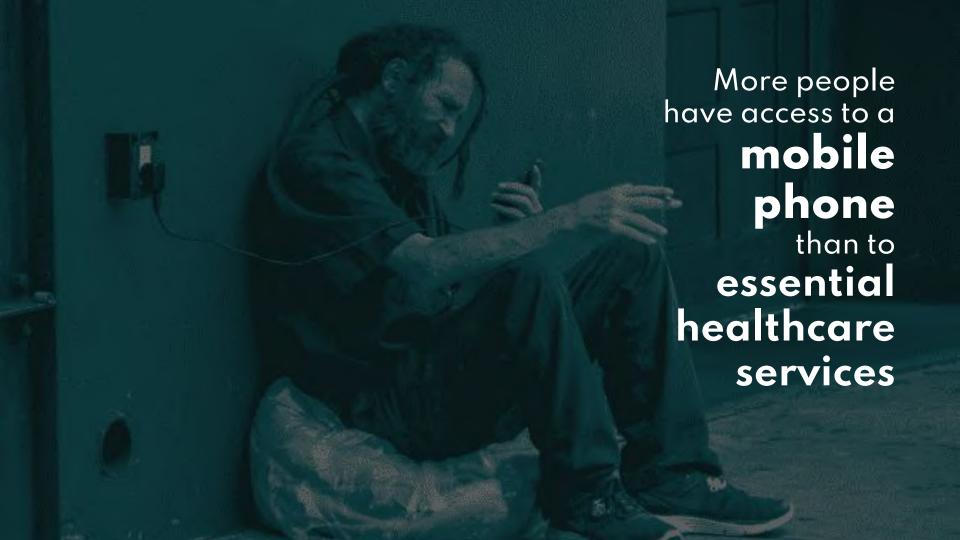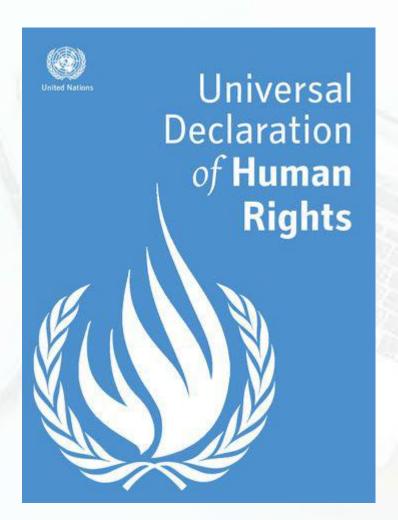
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💙 1. Humanitarian Design

Everyone deserves to live a life with dignity, using products and services that respect their humanity

More people
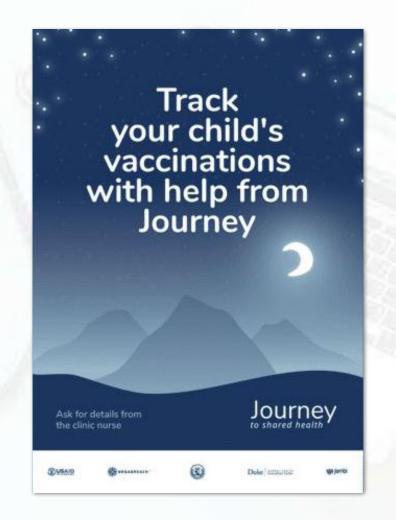have access to a
**mobile
phone**
than to
**essential
healthcare
services**

HEALTH
is a state of
COMPLETE
physical, mental
and social well-
being and not
merely the
ABSENCE of
disease or
infirmity.
(WHO Constitution)

1948-1988
WORLD HEALTH ORGANIZATION
Division of Public Information and Education for Health
AVENUE APPIA 1211 GENEVA 27 SWITZERLAND
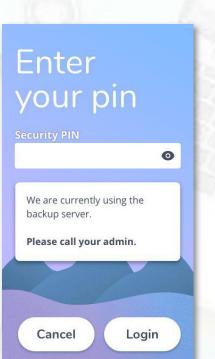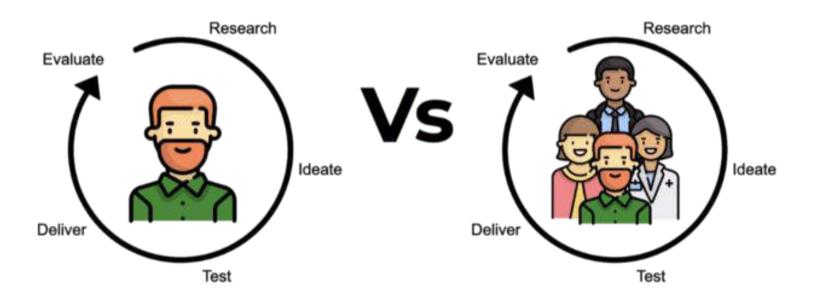
2. People-centred Design

The needs, wants and limitations of all people affected by a solution are kept at the centre of the design process.

People-Centred Design

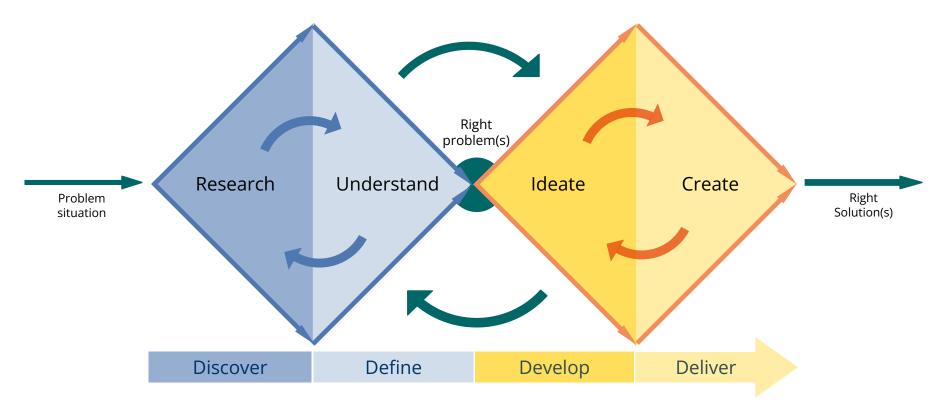# 3. Cyclical Design

The design process is an endless series of cycles to learn, improve and solve problems

The Double Diamond Design Process

"If I live in Bradford and fall ill in Birmingham, I want the NHS to be able to treat me,"

Tony Blair – Ex UK Prime Minister
1998

*"**The original vision for the National Programme for IT in the NHS will not be realised**. The NHS is now getting far fewer systems than planned despite the Department paying contractors almost the same amount of money. This is **yet another example of a department fundamentally underestimating the scale and complexity of a major IT-enabled change programme**."*

Amyas Morse, head of the National Audit Office

National Programme for IT
NPƒIT

Budget 2002   **Final Costs 2011**
£2 Billion   £4 Billion   £6 Billion   £12-20 Billion

🔎 4. Evidenced-based Design
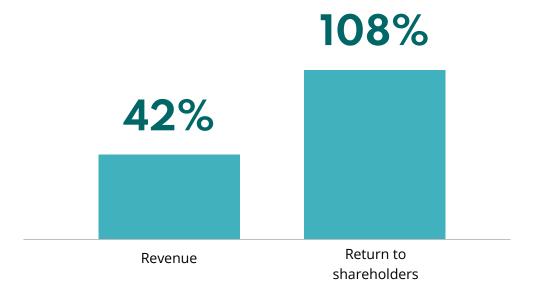
Facts and scientific findings support decision making and designing, proving the value of solutions

Evidence-Based Design

Total increase in revenue and return to shareholders for Medical Technology companies which embeds design from the top down compared with peer companies that don't.

Source: McKinsey Value of Design survey of 300 global companies, July 2018.

Evidence-Based Design

1:10:100

Prevention   Correction   Failure

Research   Design   Development/
                                        Deployment

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Sickle Crisis Care

5. Ethical design

Solutions, and the means to make them, should be morally just for all who use or are impacted by them.

DARK
PATTERNS

"...are tricks used in websites and apps that make you do things that you didn't mean to, like buying or signing up for something."

darkpatterns.com

We identified 6 systematic reviews including 23 [Randomised Control Trials] evaluating 22 available apps that mostly addressed diabetes, mental health and obesity. Most trials were pilots with small sample size and of short duration. Risk of bias of the included reviews and trials was high. Eleven of the 23 trials showed a meaningful effect on health or surrogate outcomes attributable to apps.

In conclusion, we identified only a small number of currently available stand-alone apps that have been evaluated in RCTs. The overall low quality of the evidence of effectiveness greatly limits the prescribability of health apps.

Byambasuren, O., Sanders, S., Beller, E. et al. Prescribable mHealth apps identified from an overview of systematic reviews. npj Digital Med 1, 12 (2018).

Clinical UX Competencies

UX	Healthcare UX	Clinical UX
User -centred design	HCPs and Patients Personas	Decision support
Exploratory Research	People Centred Design	Digital Therapeutics
Explanatory Research	Public Health and marketing healthy living	Telehealth
Experience Mapping	Healthcare branding	Remote monitoring
Information Architecture	UX writing in healthcare	ePrescribing
Iterative Design	Data visualisation	Clinical trials
Interaction Design	Medical education and patient information	EMR and PHR
Sketching and Wireframing	Health economics	Clinical messaging
Low and High fidelity prototyping	Health insurance vs Public Health	Clinical Applications
UI Design	GDPR, Privacy and Security	Medical Devices and regulations
Evaluative Research	Medical law & ethics	Software as Medical Devices
Stakeholder management	AI and Machine learning	PROMs and PREMs
Agile vs Waterfall	Computer Vision	Clinical Pathways
Storytelling and presentation skills	AR and VR	Care plans

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Clinical UX Competencies

Psychology

Applying the theories of how people think and behave, and how research methods can provide insights on making useful healthcare technology and services.

Clinical UX Competencies

Psychology | Design | Healthcare | Technology | Professionalism

Healthcare Behavioural Science | **Soft Systems Methodology** | **Clinical Pathways** | **Digital Therapeutics** | **Clinical UX Maturity**

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Let's take a 2min break

Time to stretch
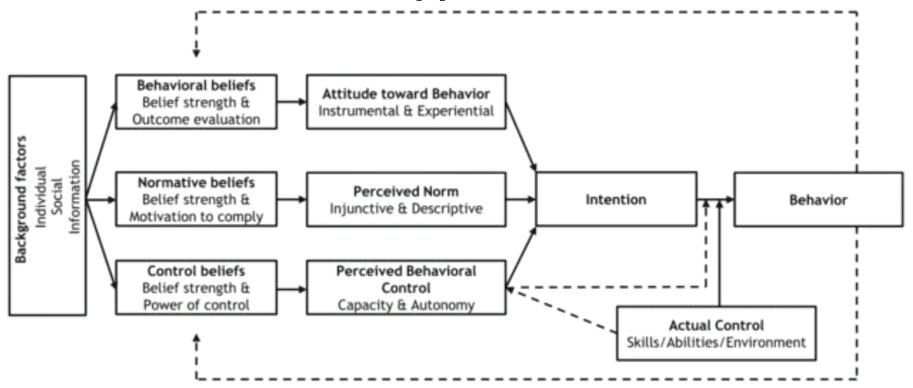
Healthcare Behavioural Science

A scientific discipline to explain or predict changes in behaviours of humans and animals to encourage good, or prevent ill, health.

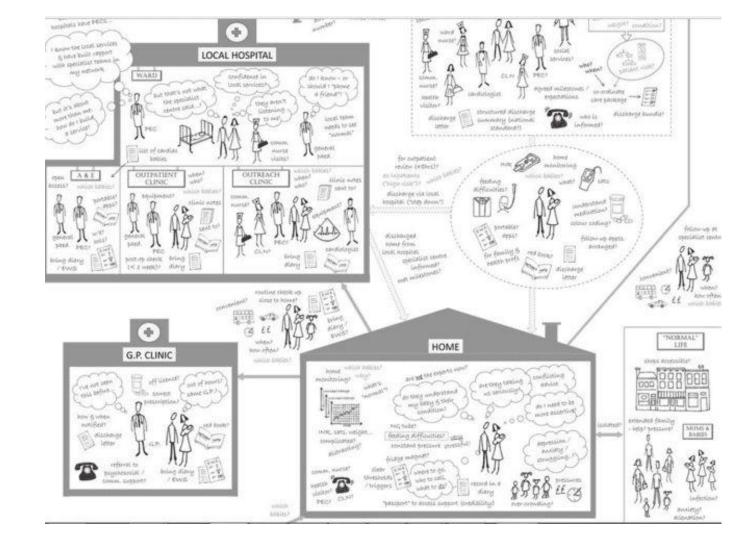# The Reasoned Action Approach

Soft Systems Methodology

A method of understanding complex systems in order to find the best ways to bring positive change.
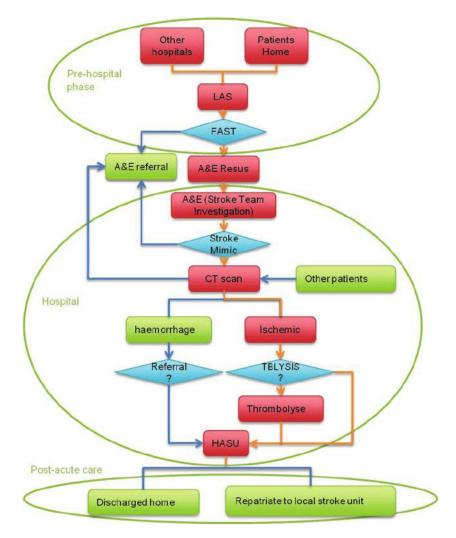
Clinical Pathways

Evidence based, patient care management tools detailing the best way to treat specific groups of patients with a predictable clinical journey.
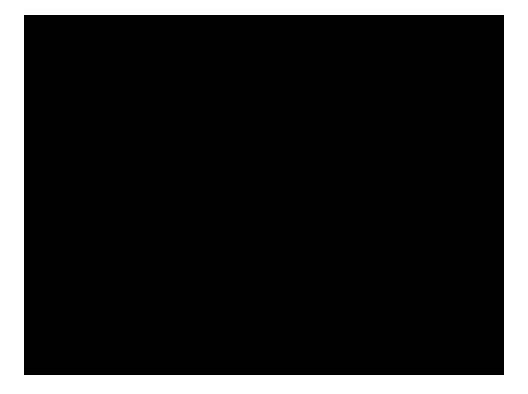
Digital Therapeutics

Any evidence based digital technology that prevents, treats, or manages ill health.

Clinical UX Maturity

A measure of how developed and embedded Clinical UX principles, practices, and processes are in a product, service, team or organisation.
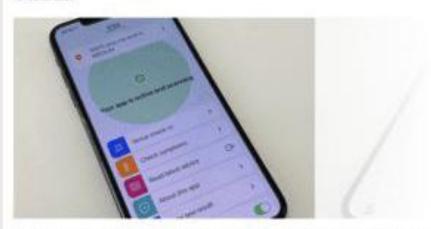
"Unimaginable" cost of Test & Trace failed to deliver central promise of averting another lockdown

10 March 2021

In May last year NHS Test and Trace (NHST&T) was set up with a budget of £22 billion. Since then it has been allocated £15 billion more: totalling £37 billion over two years.

- Read the report summary
- Read the conclusions and recommendations
- Read the full report: COVID-19: Test, track and trace (part 1) [PDF 330 KB]
- Public Accounts Committee

Clinical UX Competencies

Psychology | Design | Healthcare | Technology | Professionalism

Psychology
Applying the theories of how people think and behave, and how research methods can provide insights on making useful healthcare technology and services.

Design
Knowledge of how to use creative skill to communicate ideas, problem solve, and create diverse products and services.

Healthcare
Understanding of how healthcare is delivered on a global and local level, and what the biggest health problems are that need solving by Clinical UX Designers.

Technology
The use of physical and digital solutions which make tasks simpler and life easier. These solutions can be connected to the internet, utilize radio waves or are purely offline.

Professionalism
Methods and mindsets required to thrive as an individual in any team, engage with colleagues and stakeholders effectively and raise the UX maturity of those around you.

Formal Study | Self Study | Networking | Mentorship | Experience

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Learning Clinical UX

Options to develop Clinical UX competencies

Learning Clinical UX

Formal Study

Networking

Experience

Self Study

Mentorship

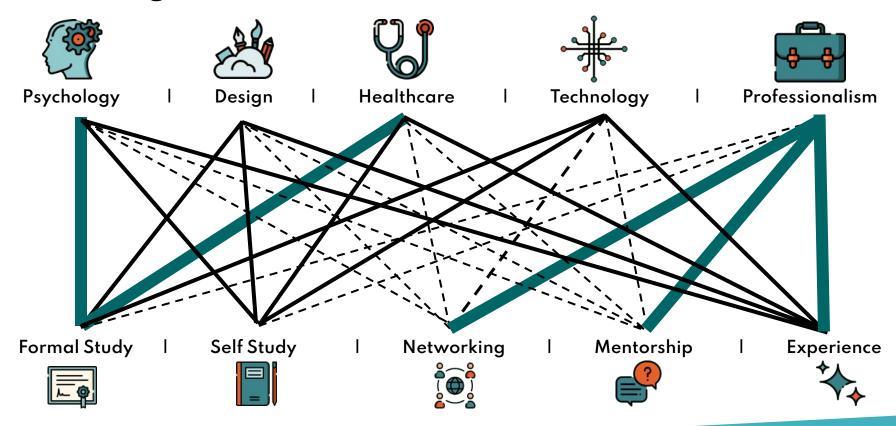# Learning Clinical UX

Psychology | Design | Healthcare | Technology | Professionalism

Formal Study | Self Study | Networking | Mentorship | Experience

Clinical UX Tips & Tricks

Insights on the challenges in healthcare and how to overcome them

Clinical UX Guidance

Clinical UX is **not** work everyone can do

It takes training and experience to be good at UX

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Clinical UX Guidance

Life as a clinician is hard

A complex lack of resources makes it difficult to give consistently good care.

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Clinical UX Guidance

Life as a patient is hard

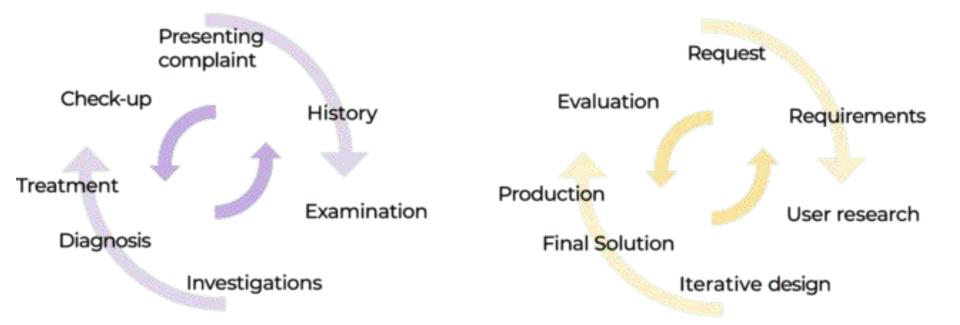No one fully knows what it's like to be a patient unless you are one yourself

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Clinicians inherently understand UX

They problem solve for a living, using a patient-centred care methodology

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Diagnosing

- Presenting complaint
- History
- Examination
- Investigations
- Diagnosis
- Treatment
- Check-up

Designing

- Request
- Requirements
- User research
- Iterative design
- Final Solution
- Production
- Evaluation

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Clinical UX Guidance

Focus on innovation, not just inventing

Many old solutions are useful today.

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Accept feeling overwhelmed

No one can know everything and healthcare is complicated

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Clinical UX Guidance

Support the greatest health needs

We are only as healthy as our sickest member

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Focus on the **limiting users and vulnerable people**

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What is limiting user?

Any **legitimate** user who may have **difficulty** engaging or achieving a goal with a product or service.

Tim
User

Pippa
Limiting User

Laura
Abuser

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What is vulnerable person?

Any person who **fails**, or is **at risk of failing**, to have their basic **human rights protected**

The Disabled

The Elderly

The Pregnant

The Young

The Abused

The Homeless

The Impoverished

The Asylum Seeker

Serve the underserved

What is an underserved person?

Any person whose **needs** are **not met, or actively considered**, by a product or service they can be a **legitimate user** of.

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NHS

● This article is more than **2 months old**

From oximeters to AI, where bias in medical devices may lurk

Analysis: issues with some gadgets could contribute to poorer outcomes for women and people of colour

Nicola Davis *Science correspondent*

✔ @NicolaKSDavis

Sun 21 Nov 2021 17.56 GMT

f ✈ ✉

Some research suggest that oximeters work less well for patients with darker skin. Photographs: Grace Cary/Getty Images

The UK health secretary, Sajid Javid, has announced a review into systemic racism and gender bias in medical devices in response to concerns it could contribute to poorer outcomes for women and people of colour.

Writing in the Sunday Times, Javid said: "It is easy to look at a machine and

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Vs
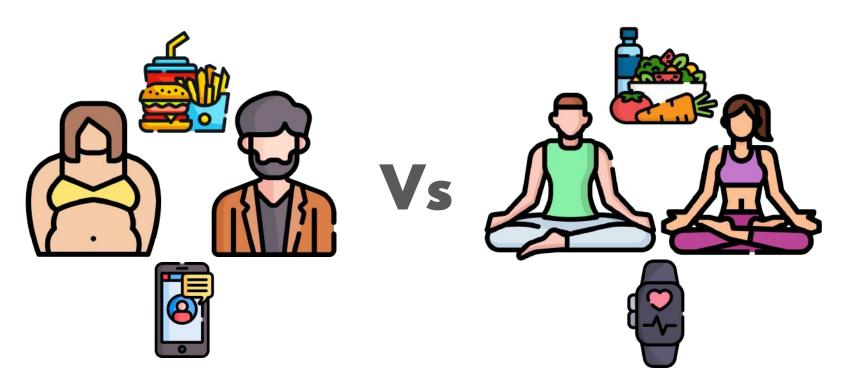
Call To Accept

Call To Action

Call To Arms

Your greatest wealth is your <u>health</u>

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Visit
clinicalux.org
to find out more

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Thanks for listening

Please stay in touch

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