

00:21:06 Nate UXRS: Replying to "Will this be recorde..."

Yes.

00:21:15 Anshuk Chhibber: Reacted to "Yes." with 🙌

00:22:52 Jake Rhodes: Replying to "Will this be recorde..."

Yes, recording now

00:27:50 Lauren Singer – UXRS: Put your questions for Farai in the chat 😊

00:32:23 denise benkert: Heartbroken over what is happening between Israel & Gaza

00:32:35 Matthew Christy: Reacted to "Heartbroken over wha..." with 👍

00:32:44 Nate UXRS: Replying to "Heartbroken over wha..."

same

00:32:45 Mardomak Banitorfy: Shattered on what's happening in Gaza

00:32:47 Raquel Antonio: Reacted to "Heartbroken over wha..."

with 👍

00:32:57 denise benkert: Reacted to "Shattered on what's ..."

with 👍

00:33:06 Stephanie Johnson: Reacted to "Heartbroken over wha..." with ❤️

00:33:15 Elly H.Y.: Reacted to "Shattered on what's ..."

with 😞

00:33:16 Kerry N: Reacted to "Heartbroken over wha..."

with 😞

00:33:20 Elly H.Y.: Reacted to "Heartbroken over wha..."

with ❤️

00:33:29 Mardomak Banitorfy: Reacted to "Heartbroken over wha..." with 👍

00:34:10 Raquel Antonio: In a smaller focus, I am worried because of a ton of layoffs in Brazil. Thousands and thousands of people losing their jobs in this post pandemic crisis here.

00:34:12 Dayna Jimenez: Reacted to "Heartbroken over wha..."

with ❤️

00:34:38 Sarah Al-Douqi: Watching a genocide happening before our eyes is def hectic

00:34:53 Raquel Antonio: Reacted to "Watching a genocide ..."

with 😞

00:35:42 Mardomak Banitorfy: Reacted to "Watching a genocide ..." with 😞

00:35:54 Malick Niane: Reacted to Watching a genocide ...

with 🍉

00:35:56 Malick Niane: Reacted to Watching a genocide ...  
with "😞"

00:37:03 Meg Wyble: I can see okay now too :)

00:37:29 Elly H.Y.: Reacted to "Watching a genocide ..."  
with 💔

00:38:19 Justin Menard: Reacted to "Watching a genocide ..."  
with 🍉

00:39:07 Lauren Singer – UXRS: If you have questions for Farai, make sure to add them in the chat! We will do a Q&A after the presentation.

00:39:25 Josephine Giaimo: Reacted to Watching a  
genocide ... with "😞"

00:39:44 Josephine Giaimo: Reacted to Heartbroken over  
wha... with "😞"

00:39:46 Josephine Giaimo: Reacted to Shattered on  
what's ... with "👍"

00:40:24 Jake Rhodes: Book reference: High Output  
Management  
[https://www.amazon.com/High-Output-Management-Andrew-Grove/dp/0679762884/ref=sr\\_1\\_1?hvadid=580750800665&hvdev=c&hvlocphy=9033255&hvnetw=g&hvqmt=e&hvrnd=5516255694737261363&hvtargid=kwd-542714735&hydadcr=22562\\_13493218&keywords=high+output+management&qid=1698877396&sr=8-1](https://www.amazon.com/High-Output-Management-Andrew-Grove/dp/0679762884/ref=sr_1_1?hvadid=580750800665&hvdev=c&hvlocphy=9033255&hvnetw=g&hvqmt=e&hvrnd=5516255694737261363&hvtargid=kwd-542714735&hydadcr=22562_13493218&keywords=high+output+management&qid=1698877396&sr=8-1)

00:40:51 Michelle: Reacted to "Book reference: Hig..."  
with 👍

00:42:17 Amy Franz-Thomas: The best manager I ever had  
was very diligent about having 1:1s – and this is a huge reason I  
value her so much as a person and mentor!

00:42:30 Michelle: Reacted to "The best manager I e..."  
with 👍

00:42:31 Lauren Singer – UXRS: Reacted to "The best manager I  
e..." with ❤️

00:42:38 Elly H.Y.: Reacted to "The best manager I e..."  
with 🙌

00:42:52 Kelly Quiroz: Reacted to "The best manager I e..."  
with 👍

00:42:55 Nate UXRS: Replying to "The best manager I e..."  
same here.

00:43:39 Rong Ann Chou: Reacted to "The best manager I e..."  
with 🙌

00:44:38 Nate UXRS: Speaking of life stories, for those  
who are joining, tell us in the chat – where are you joining us from?  
and let us know any questions you might have for Farai.

00:45:14 Kerry N: Hi from Vancouver Island, BC.

00:45:19 Michelle: Joining from NYC area! Hi everyone!

00:45:28 Jake Rhodes: Great point. It's so easy to have shallow ties on a team; it's harder when we're building relationships via zoom/slack/teams.

00:45:29 Nate UXRS: Reacted to "Hi from Vancouver Is..." with 🙌

00:45:33 Carmen Keating: Hi from Portland, OR

00:45:46 Nate UXRS: Reacted to "Joining from NYC are..." with 🙌

00:45:50 Julie Dawson: Hey Y'all from Covington, Kentucky!

00:45:50 Nate UXRS: Reacted to "Hi from Portland, OR" with 🙌

00:45:51 Farilee Mintz: Hi there from the SF Bay Area!

00:45:56 Nate UXRS: Reacted to "Hey Y'all from Covin..." with 🙌

00:46:00 Nate UXRS: Reacted to "Hi there from the SF..." with 🙌

00:46:11 Jen Blatz - UXRS: What type of info would you share in your life story?

00:46:13 Bettina Kast: Hi there, I'm from Amsterdam, the Netherlands

00:46:13 Rebecca Bass: Hi there! Calling in from Los Angeles, CA

00:46:20 Judit Antos: Hello! Excited to be here! I listened to Farai's speech last year at Amuse in Budapest 😊 Happy to be here. Dialing in from SoCal.

00:46:36 Nate UXRS: Reacted to "Hi there! Calling in..." with 🙌

00:46:39 Stephanie Johnson: Replying to "What type of info wo..."

I also would love to have suggestions on this

00:46:41 Lauren Singer - UXRS: Reacted to "Hello! Excited to be..." with ❤️

00:46:48 Nate UXRS: Reacted to "Hi there, I'm from A..." with 🙌

00:46:52 Jake Rhodes: Ahh..getting to vulnerability. Essential for building trust: where I'm confident, where i'm not as strong.

00:46:57 Nate UXRS: Reacted to "Hello! Excited to be..." with 🙌

00:46:59 Jen Blatz - UXRS: Replying to "Hello! Excited to be..."



Judit!! We saw this together! I hope you are doing well.

00:47:02 Amy Franz-Thomas: Reacted to "Ahh..getting to vuln..." with ❤️


00:47:05 Judit Antos: Reacted to "Judit!! We saw this ..."  
with ❤️  
00:47:09 Nate UXRS: Reacted to "Ahh..getting to vuln..."  
with ❤️  
00:47:12 denise benkert: Reacted to "Watching a genocide ..."  
with 💔  
00:47:13 roshanak haghghi: Hi from London  
00:47:19 Sonia Caltvedt: Reacted to "Ahh..getting to vuln..."  
with ❤️  
00:47:22 Kate Jerzmanowska: Hi from Winnipeg, MB  
00:47:27 Michelle: Question for Farai: How can I as an  
employee better guide the 1:1 conversation for managers who are time-  
crunched, averse to long meetings, and tend to do all the talking?  
00:47:36 Judit Antos: Replying to "Hello! Excited to be..."


Yes, we did!! I got a job since 😊 I work as a UX Researcher!!! How  
are you, Jen?


00:47:44 Lorena Duarte: Hi from Lima, Perú!  
00:47:57 Joji Mendoza: Reacted to "Question for Farai: ..."  
with 👍  
00:48:02 Amy Franz-Thomas: Reacted to "Question for  
Farai: ..." with !  
00:48:04 Nate UXRS: Reacted to "Hi from Lima, Perú!" with  
👏  
00:48:10 Nate UXRS: Reacted to "Hi from London" with 👏  
00:48:13 Nate UXRS: Reacted to "Hi from Winnipeg, MB" with  
👏  
00:48:14 Dani Weisner: Reacted to "Question for Farai: ..."  
with 👍  
00:49:13 Jake Rhodes: Understanding vulnerability is  
powerful stuff. See Brene Brown if you haven't alread  
<https://youtu.be/iCvmsMzlf7o?feature=shared>  
00:49:18 Daniela Silva: Hi from Mexico City  
00:49:34 Saira Aziz: Reacted to "Question for Farai: ..."  
with 👍  
00:49:36 Lorena Duarte: Reacted to "Hi from Mexico City" with  
👏  
00:49:40 Domi UXRS: Reacted to "Hi from Mexico City" with  
👏  
00:49:45 Rebecca Bass: Reacted to "Question for Farai: ..."  
with !  
00:49:49 Mardomak Banitorfy: Reacted to "Question for  
Farai: ..." with 👍  
00:49:54 Nate UXRS: Reacted to "Hi from Mexico City" with


 00:50:13 Jen Blatz – UXRS: Reacted to "Understanding vulner..." with 

00:50:39 Nate UXRS: To jump more into the UXRS community, sign up for the UXRS Slack & introduce yourself: <https://forms.gle/UiMSCzeFDBcEVVtQ8>

00:50:52 Michelle: Reacted to "Hi from Mexico City" with 

00:50:57 Michelle: Reacted to "Understanding vulner..." with 

00:51:26 Michelle: Reacted to "Hi from Lima, Perú!" with 

00:51:32 Michelle: Reacted to "Hello! Excited to be..." with 


00:51:33 Nate UXRS: Keep posting any questions you have for Farai in the chat

00:52:22 Roqiya: Can we access the recording after this event? And if so, where?

00:53:00 Jen Blatz – UXRS: <https://www.palomamedina.com/biceps>


00:53:09 Nate UXRS: Replying to "Can we access the re..."

It will be accessible via the UXRS youtube channel.


00:53:28 Michelle: Reacted to "<https://www.palomamedina.com/biceps>" with 


00:53:34 Roqiya: Replying to "Can we access the re..."


Thank you!


00:53:38 Nate UXRS: Reacted to "Thank you!" with 


00:54:02 Jake Rhodes: Q: how can you bring your manager along if they don't see these (alignment slide) topics as in bounds for a 1:1. What if they don't see 'belonging' as important as status updates or transactional stuff?

00:54:30 Lorena Duarte: Reacted to "Q: how can you brin..." with 

00:54:35 Harper Atlas: Reacted to "Q: how can you brin..." with 

00:55:39 Michelle: Reacted to "Q: how can you brin..." with 

00:58:07 Raquel Antonio: Reacted to "The best manager I e..." with 

00:59:12 Raquel Antonio: Reacted to "Question for Farai: ..." with 

00:59:43 Nate UXRS: that balloon thing was exciting

01:00:08 Raquel Antonio: Reacted to "Q: how can you brin..."

with 👉  
01:00:13 Heather Brown, Researcher (She/Her): Reacted to "that balloon thing w..." with 🎯  
01:00:32 Judit Antos: What is a good way to bring up contract extension to my manager?  
01:01:03 Raquel Antonio: Enjoying the talk so much that I'm gonna watch the recording to refresh many of these points.  
01:01:10 Amy Franz-Thomas: Reacted to "Enjoying the talk so..." with 👍  
01:01:12 Sarah Al-Douqi: Reacted to "Enjoying the talk so..." with 👍  
01:01:12 Nate UXRS: Reacted to "Enjoying the talk so..." with ❤️  
01:01:14 Harper Atlas: Reacted to "Enjoying the talk so..." with 🎯  
01:01:19 Julie Stanescu: Reacted to "Enjoying the talk so..." with 👍  
01:01:19 Michelle: Reacted to "Enjoying the talk so..." with 👍  
01:01:24 Lauren Singer - UXRS: Reacted to "Enjoying the talk so..." with ❤️  
01:02:00 Julie Stanescu: Reacted to "Q: how can you brin..." with 👉  
01:02:06 Elly H.Y.: Reacted to "Enjoying the talk so..." with 🎯  
01:02:12 Antonia McGuire: Amazing advice, motivating and crisp with perspective! PS I joined kate but thank you in advance for the recording so I can research the balloon magical background(also just happened to me yesterday)!  
01:02:18 Harper Atlas: Reacted to "Heartbroken over wha..." with ❤️  
01:02:19 denise benkert: Hello from Scranton, PA (and Port St Lucie FL soon)  
01:02:24 Harper Atlas: Reacted to "Shattered on what's ..." with 👉  
01:02:38 denise benkert: Reacted to "Amazing advice, moti..." with 👍  
01:02:41 Nate UXRS: Reacted to "Hello from Scranton,..." with 🙌  
01:02:54 Nate UXRS: Reacted to "Amazing advice, moti..." with 😊  
01:02:57 Antonia McGuire: Reacted to "Enjoying the talk so..." with ❤️  
01:03:11 Antonia McGuire: Reacted to "that balloon thing

w..." with ❤️

01:03:21 Avril Beaubien: This is great. Very disappointingly, I have to leave. Will the recording be shared?

01:03:44 Nate UXRS: Replying to "This is great. Very ..."

yes, we will make it accessibly via the UXRS Youtube channel

01:03:51 Nathalie Delsaer: Gotta go. Will catch the recording. Thank you!

01:03:59 Avril Beaubien: Replying to "This is great. Very ..."

Thank you!

01:04:08 Nate UXRS: Reacted to "Gotta go. Will catch..."

with 👍

01:05:49 Nate UXRS: Another solid book that hits upon so much of what Farai is talking about right now is called Herding Tigers by Todd Henry: [https://www.amazon.com/Herding-Tigers-Leader-Creative-People/dp/073521171X/ref=sr\\_1\\_1?crid=TZHH4MKFBEWW&keywords=herding+tigers&qid=1698878928&srefix=herding+tiger%2Caps%2C141&sr=8-1](https://www.amazon.com/Herding-Tigers-Leader-Creative-People/dp/073521171X/ref=sr_1_1?crid=TZHH4MKFBEWW&keywords=herding+tigers&qid=1698878928&srefix=herding+tiger%2Caps%2C141&sr=8-1)

01:06:02 Saira Aziz: Reacted to "Another solid book t..."

01:06:02 Saira Aziz: Reacted to "Another solid book t..."

with 👍

01:06:21 Nate UXRS: Replying to "Another solid book t..."

hits on how to view this subject if you're in the managerial role

01:07:05 Jen Blatz - UXRS: I ask:

What am I doing well?

How can I improve?

in my 1:1.

01:07:11 Michelle: Reacted to "Another solid book t..."

with 👍

01:07:11 Autumn Hood: Reacted to "I ask:

What am I do..." with 👍

01:07:21 Nate UXRS: Reacted to "I ask:

What am I do..." with ❤️

01:07:25 Harper Atlas: Reacted to "I ask:

What am I do..." with ❤️

01:07:27 Michelle: Reacted to "I ask:

What am I do..." with 👍

01:07:29 Domi UXRS: Reacted to "I ask:

What am I do..." with ❤️

01:08:15 Dayna Jimenez: Reacted to "I ask:

What am I do..." with ❤️

01:08:30 Dayna Jimenez: Reacted to "Another solid book t..."

with 👍

01:09:25 Jen Blatz - UXRS: What questions do you have for Faria? Drop them here in the chat.

01:10:22 Chris Tang: Reacted to "Ahh..getting to vuln..."  
with ❤️

01:10:34 Raquel Antonio: Been there, done that

01:10:41 Chris Tang: Reacted to "Question for Farai: ..."  
with 👍

01:10:47 Shraddha Bhatewara: What kind of conversation/  
questions should be considered around review cycles.

01:10:58 Chris Tang: Reacted to "Understanding vulner..."  
with 💜

01:11:28 Malick Niane: Q: Is there anything that should be  
different for skip-level 1:1s (meeting with your manager's manager)

01:11:46 Jakkii Musgrave: Reacted to "Q: Is there  
anything..." with ❤️

01:11:50 Anshuk Chhibber: Thanks Farai! Appreciate this

01:11:51 Meg Wyble: I never had any idea what a Montessori  
school was,so it was very interesting to learn the back story and what  
they really are :)

01:11:52 Raquel Antonio: Reacted to "Q: Is there anything..."  
with 🙌

01:11:52 Kerry N: Q: Advice for manager that is time-  
crunched for 1:1's. Structure of organization is in flux and a lot of  
things are up in the air.

01:11:56 Sue R: Thank you

01:12:03 Katy Gleason: Great advice, thank you!

01:12:07 Kerry N: Thank you 🙏

01:12:11 Shraddha Bhatewara: 🙌

01:12:12 Briauna Jensen: Thank you!

01:12:13 Amy Ogg: Thank you so much, Farai!

01:12:14 Steven Hernandez: 🙌

01:12:19 Dayna Jimenez: Reacted to "I never had any idea..."  
with 🙌

01:12:20 Jessica Ho: Reacted to "Q: Is there anything..."  
with 🙌

01:12:21 Lorena Duarte: 🙌

01:12:22 Ronny Michael: Thank you Farai, that was really  
insightful! 😊

01:12:23 Desislava Genova: Thank you, that was a great  
talk! 🙌

01:12:24 Raquel Antonio: Farai, you rock!!

01:12:25 Amy Ziegner: Thanks for all the advice!

01:12:25 Antonia McGuire: Thank you so much 🙌 🙌 I'm  
pumped haha

01:12:28 Elly H.Y.: Thank you very much, Farai!

01:12:30 Enz Baur: amazing thank you

01:12:30 Julie Dawson: 🙌🙌🙌



01:12:31 Michelle: Thank you Farai! Good guidelines to work by.

01:12:33 Vidhya Arakere: I almost cried! Loved the guidance! <3

01:12:37 F. A.: Amazing!!!!!!

01:12:39 Nina Dupard: Thank you!

01:12:39 Annette Dutt: Thank you!! That was really amazing advice, I have so many ideas now for how to improve my 1:1s going forward both as a leader and a contributor.

01:12:39 Nate UXRS: great insights and wisdom. Thank you Farai

01:12:40 Vidhya Arakere: Thank you!

01:12:40 Sonia Caltvedt: 🙌🙌🙌

01:12:54 Heather Brown, Researcher (She/Her): Reacted to "I almost cried! Love..." with +

01:13:15 Chris Tang: Reacted to "https://www.palomame..." with 🙌

01:13:56 Autumn Hood: Reacted to "I almost cried! Love..." with +

01:13:58 Michelle: Love it. Thanks!

01:14:06 Autumn Hood: Farai, that was so inspiring and actionable at the same time. Thank you so much for sharing your experiences and passion!

01:14:14 F. A.: Reacted to "Farai, that was so i..." with 100

01:14:15 Heather Brown, Researcher (She/Her): Reacted to "Farai, that was so i..." with 100

01:14:35 Sarah Al-Douqi: Reacted to "Farai, that was so i..." with 100

01:14:35 Rebecca Bass: Reacted to "Farai, that was so i..." with 100

01:14:44 Rebecca Bass: Reacted to "I almost cried! Love..." with +

01:15:12 Michelle: Reacted to "Farai, that was so i..." with 100

01:15:26 Jen Blatz - UXRS: That is super powerful!

01:15:52 Chris Tang: Reacted to "Another solid book t..." with 🙌

01:17:09 Jen Blatz - UXRS: Want to keep the conversation going after the event? Sign up for our Slack channel. Fill in this form.  
<https://forms.gle/UiMSCzeFDBcEVVtQ8>

01:17:10 Autumn Hood: I saw online once (I forget where) that 1:1s should never contain conversation that can happen publicly- aka status report, project updates, etc. I feel like everything Farai has taught us tonight aligns with that sentiment.

01:17:22 Mardomak Banitorfy: This was great Farai. Thanks for sharing your experience.

01:17:28 Nate UXRS: Reacted to "I saw online once (I..." with 🙌

01:17:34 Adrienne: great talk! will watch the video later. Thanks

01:17:37 Jen Blatz – UXRS: Reacted to "I saw online once (I..." with 🙌

01:17:51 Chris Tang: Reacted to "I ask: What am I do..." with ❤️

01:17:56 Nate UXRS: Please fill out the post-event survey and let us know what you thought about this event!  
<https://forms.gle/PkwL95PM12eTZuaaA>

01:18:03 Mike Sukow: I always have a short list of bullet points that I want to discuss on my 1:1 time. It helps both of us stay on task and makes the meeting time effective

01:18:07 jlipskicain: Great presentation and approaches! I am wondering how to grapple with this concept that I own something at work, or that something is "on me" to do. I feel kinda weird hearing that from managers, not that I don't hold myself accountable and competent, but that it comes across to me as feeling alone and isolated in the success of a work project. Thoughts? How might a 1:1 conversation unpack this?

01:18:27 Nate UXRS: Reacted to "I always have a shor..." with 🤝

01:18:38 Harper Atlas: Reacted to "Great presentation a..." with ❤️

01:18:51 Michelle: Reacted to "I always have a shor..." with 👍

01:18:56 Judit Antos: I love this advice about keeping track of notes

01:19:43 Autumn Hood: Reacted to "I love this advice a..." with +

01:20:16 Raquel Antonio: Reacted to "Thank you!! That was..." with ❤️

01:20:23 Harper Atlas: Reacted to "Great presentation a..." with 🙌

01:20:23 Raquel Antonio: Reacted to "Farai, that was so i..." with 🎯

01:21:25 Antonia McGuire: I work in the accessibility and inclusive design space. Interested to hear you thoughts on how best to steer performance conversations with an employee with a disability (or return to work) ?

01:21:33 Harper Atlas: Reacted to "I work in the access..." with 🙌

01:21:34 Raquel Antonio: Reacted to "Great presentation a..." with ❤️

01:21:35 Shradha Bhatewara: 🙌  
 01:22:22 Justin Menard: Thanks for hosting one of the best  
 ones so far  
 01:22:30 Jen Blatz – UXRS: Reacted to "Thanks for hosting  
 o..." with 💜  
 01:22:39 Autumn Hood: Reacted to "Thanks for hosting o..."  
 with 💜  
 01:22:51 Tiffany Clark: Reacted to "Thanks for hosting o..."  
 with 💜  
 01:22:57 Stacey Cook: Reacted to "Thanks for hosting o..."  
 with 💜  
 01:23:45 Heather Brown, Researcher (She/Her): Reacted to  
 "Thanks for hosting o..." with 💜  
 01:23:45 Nate UXRS: Reacted to "Thanks for hosting o..."  
 with ❤️  
 01:23:55 Harper Atlas: Q: How would you approach your manager  
 about how you think their/the company's methods for gathering &  
 delivering feedback feels yucky/unprofessional?  
 01:23:57 Nate UXRS: solid answer  
 01:24:09 Michelle: Reacted to "Q: How would you app..."  
 with 👍  
 01:24:10 Dominick Keeling: Reacted to "solid answer" with  
 👍  
 01:24:11 Elly H.Y.: Reacted to "Q: How would you app..."  
 with 👍  
 01:24:15 Malick Niane: Reacted to Q: How would you app...  
 with "+"  
 01:24:39 Autumn Hood: Have to run – thank you UXRS and  
 Farai!  
 01:24:45 Nate UXRS: Reacted to "Have to run – thank ..."  
 with ❤️  
 01:24:45 Judit Antos: Reacted to "Have to run – thank ..."  
 with ❤️  
 01:25:19 Jen Blatz – UXRS: Reacted to "Have to run –  
 thank ..." with ❤️  
 01:29:04 jlipskicain: Thank you for that response on  
 deconstructing and clarifying "ownership" and the questions to ask  
 01:29:31 Antonia McGuire: Reacted to "Thank you for that  
 r..." with 🙌  
 01:29:37 Michelle: Reacted to "Thank you for that r..."  
 with 👍  
 01:29:39 Harper Atlas: Reacted to "Thank you for that r..."  
 with 🙌  
 01:29:59 Agnes Kiss: Reacted to "Thank you for that r..."

with 🙌

01:30:24 Kerry N: How to frame 1:1 with employees who are nearing retirement and are approaching the end of their working career?

01:30:26 Desislava Genova: One thing I tell people is that nothing is set in stone about the way we do the 1:1, so if something is not working we can be flexible and if people are usually more open to share when a specific format or approach is not working.

01:30:29 Jake Rhodes: Don't forget to give us feedback on this event

<https://forms.gle/PkwL95PM12eTZuaaA>

01:30:39 Elly H.Y.: Thank you so much. This was great! 🙏🙏

Let's connect: <http://www.linkedin.com/in/elham-hajiyousef>

01:30:44 Nate UXRS: Reacted to "One thing I tell peo..."

with 🙌

01:31:11 Elly H.Y.: [https://www.amazon.ca/s?k=the+coaching+habit&hvadid=208298283785&hvdev=c&hvlocphy=9000907&hvnetw=g&hvqmt=e&hvrnd=6709228794988497757&hvtargid=kwd-300377626949&hydadcr=4748\\_9339750&tag=googcana-20&ref=pd\\_sl\\_93kte2adbk\\_e](https://www.amazon.ca/s?k=the+coaching+habit&hvadid=208298283785&hvdev=c&hvlocphy=9000907&hvnetw=g&hvqmt=e&hvrnd=6709228794988497757&hvtargid=kwd-300377626949&hydadcr=4748_9339750&tag=googcana-20&ref=pd_sl_93kte2adbk_e)

01:31:30 Nate UXRS: Reacted to "https://www.amazon.c..."

with 🙌

01:31:44 Amy Ogg: Thank you so much Farai & UXRS for this insightful webinar! This was wonderful! 🙌

01:31:48 Sonia Caltvedt: Loved this talk - thank you!

01:31:56 Desislava Genova: Thank you!

01:32:01 Uti K: Thank you

01:32:02 Sara Loup: Excellent talk, thank you Farai and UXRS!

01:32:04 Dayna Jimenez: Thank you SO MUCH!

01:32:06 Nate UXRS: Please fill out the post-event survey and let us know what you thought about tonight's event!

<https://forms.gle/PkwL95PM12eTZuaaA>

01:32:09 Annette Dutt: This was fantastic, thanks again. Excellent talk!

01:32:10 Julie Gitlin: Grateful, thank you.

01:32:12 Antonia McGuire: Thank you thank you 🙏 from ottawa 🙌

01:32:14 Gill Grier: 🙌

01:32:15 Julie Dawson: Thank you Farai! 🙌

01:32:16 Mardomak Banitorfy: 🙌🙌🙌🙌

01:32:18 Jianjian Mou: Thank you!! 🙏🙏🙏 saludos from Portugal!

01:32:19 Harper Atlas: Thank you!

01:32:21 Gill Grier: Thank U

01:32:24 Lei Hou: Thank you

01:32:27 Rebecca Bass: Thank you!

01:32:36 Kerry N: Thank you Farai. Good see you again.  
01:32:37 Marian Gravel: Thank you!  
01:32:38 Ronny Michael: Thank you again for the great talk  
Farai and the great event UXRS!  
01:32:43 Dominick Keeling: Thank you!  
01:32:46 Elly H.Y.: Thank you!  
01:32:59 Nate UXRS: Connect with us! Use this link to join  
all of our social media channels:  
<https://linktr.ee/uxrs>  
01:33:21 Marcia Volpe: I have another meeting and need to  
drop off...sad because I have been making meaningful connections and  
meeting nice peeps.  
01:33:50 Amy Ogg: I have to drop off, but thank you all  
again! This was great!  
01:34:09 Steven Hernandez: thank you all, im in a study  
hall at a library and wont be able to speak right now  
01:34:19 Nate UXRS: Reacted to "thank you all, im in..."  
with 👍  
01:34:37 Desislava Genova: I sadly need to leave, it's  
almost midnight in London. Thank you again everyone!  
01:34:45 denise benkert: Reacted to "I sadly need to leav..."  
with 👍  
01:35:32 Evrard: I've to leave, it's late here.  
02:07:28 Trip: I would love to connect on LinkedIn! Trip  
Beernink <https://www.linkedin.com/in/trip-beernink/>  
02:07:28 Josephine Giaimo: Jared Spool's weekly  
presentation  
02:07:39 Vidhya Arakere: <https://uxresearchbook.com>  
02:07:49 Julie Dawson: Reacted to "Jared Spool's weekly..."  
with ❤️  
02:07:50 denise benkert: Mixed Methods podcast  
02:07:50 Farilee Mintz: Podcast - Awkward Silences  
02:07:53 Josephine Giaimo: Liz Ryan and her free  
suggestions  
02:07:56 Nate UXRS: Reacted to "Liz Ryan and her fre..."  
with ❤️  
02:07:57 Mike Sukow: I have to go - I loved the topic and  
breakout rooms.  
02:08:07 Harper Atlas: [https://maven.com/ux-quests/uxr-](https://maven.com/ux-quests/uxr-missing-foundations)  
missing-foundations This was an excellent course  
02:08:21 Josephine Giaimo: lou Rosenfeld's slack job  
board  
02:08:43 Nate UXRS: Reacted to "https://maven.com/ux..."  
with ❤️  
02:08:44 Chris Tang: Learners' short form videos, Research  
Bookmark  
02:08:50 Nate UXRS: Reacted to "Learners' short form..."  
with ❤️

02:09:31 Harper Atlas: For women and non-binary folks in UX:  
<http://hexagonux.com/>

02:10:27 Josephine Giaimo: David Snowden's cynefin  
framework

02:10:37 Trip: Reacted to "Learners' short form..." with ❤️

02:11:22 Agnes Kiss: Behavioral Grooves – really  
interesting podcast

02:12:17 Harper Atlas: For designers/folks who want to give  
their Figma skills: <https://maven.com/dive/advanced-figma>

02:12:59 Josephine Giaimo: Jakob Nielsen article on UX  
Angst

02:12:59 denise benkert: [https://www.linkedin.com/posts/  
jakobnielsenphd\\_ux-angst-of-2023-activity-7107739385684525057-MJhr/](https://www.linkedin.com/posts/jakobnielsenphd_ux-angst-of-2023-activity-7107739385684525057-MJhr/)

02:13:12 Nate UXRS: Reacted to "For designers/folks ..."  
with 🙌

02:14:43 Harper Atlas: Book: Design is Storytelling by Ellen  
Lupton

02:15:04 Nate UXRS: <https://www.smashingmagazine.com/> for  
multiple aspects of design: UX, Accessibility, Product, and more

02:15:21 Josephine Giaimo: Spell kolou?

02:15:31 Harper Atlas: Book: Inclusive Design for a Digital  
World – Designing with Accessibility in Mind by Regine Gilbert

02:17:21 Harper Atlas: Reacted to "<https://www.smashing...>"  
with 🎯

02:18:51 Chris Tang: Reacted to "<https://www.linkedin...>"  
with 👍

02:19:29 Harper Atlas: Friends of Figma is a delightful  
community: <https://friends.figma.com/>

02:19:48 Josephine Giaimo: josephinegiaimo@gmail.com

02:20:07 Josephine Giaimo: Please reach out to me.

02:20:24 Agnes Kiss: Thank you, everyone, esp Lauren!

02:20:25 Gill Grier: I'm new to the industry, I'd love to  
connect  
<https://www.linkedin.com/in/gill-grier-2b1a8b54>